



## *Class Registration Form*

Usui/Holy Fire Reiki I – March 28<sup>th</sup> - 9:30 am to 6:30 pm

Usui/Holy Fire Reiki II – March 29<sup>th</sup> – 9:30 am to 6:30 pm

This class is for anyone interested in learning Usui or Holy Fire Reiki. This comprehensive class will enable you to practice Reiki not only on yourself, but will give you the skills, knowledge and confidence to work on others as well.

Japanese Reiki Techniques including, Gassho meditation, Byosen Scanning, Gyoshi-ho, Koki-ho (my favorite) and Kenyoku will all be taught.

On the first day, you will learn the history of Usui Reiki, receive your Reiki I attunement, and learn hand positions for treating yourself and others. The second day, you will learn about Holy Fire Reiki and the Usui level II Reiki symbols. You will practice using these symbols and receive your Reiki II attunement. You will learn to use Reiki to heal specific conditions, with people near enough to touch as well as those who are far away, or distance healing. Distance-healing instruction will include setting up your Reiki grid as a guide.

**The class content includes ample time to practice giving treatments, using the symbols and actually performing the techniques. The instructor will provide individual feedback and instruction during this time.**

Please understand that Reiki is a simple, gentle, hands-on energy technique used for stress reduction and relaxation. Understand that Reiki practitioners neither diagnose medical conditions nor prescribe or perform medical treatments or substances. They do not interfere with the treatment of a licensed medical professional nor take the place of professional medical care. It is recommended that you see a licensed physician or licensed health care professional for any physical or psychological ailment you may have. Understand that Reiki can complement medical or psychological care. Understand also that the body has the ability to heal itself, and that this ability is enhanced by complete relaxation. Please acknowledge that long-term imbalances in the body sometimes require multiple sessions to reach the level of relaxation your body needs to heal itself.

Welcome,

Bena Phillip  
ICRT Holy Fire Karuna Reiki Master/Teacher

## *Class Registration Form*



Usui/Holy Fire Reiki I – March 28<sup>th</sup> - 9:30 am to 6:30 pm  
Usui/Holy Fire Reiki II – March 29<sup>th</sup> – 10:00 am to 6:30 pm

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Cost:

**\$350.00 for both days; includes Reiki first and second degree manual and Reiki II Certification. Non-refundable \$100.00 deposit required for registration, register early to secure your space in the class.**

Payment Method: \_\_\_\_\_

**Additional products will be at the Center for purchase.**

I understand that Reiki is a simple, gentle, hands-on energy technique that is used for stress reduction and relaxation. I understand that Reiki practitioners do not diagnose conditions nor do they prescribe or perform medical treatments, prescribe substances, nor interfere with the treatment of a licensed medical professional. I understand that Reiki does not take the place of medical care. It is recommended that I see a licensed physician or licensed health care professional for any physical or psychological ailment I may have. I understand that Reiki can complement any medical or psychological care I may be receiving. I also understand the body has the ability to heal itself and to do so, complete relaxation is often beneficial. I acknowledge that long term imbalances in the body sometimes require multiple sessions in order to facilitate the level of relaxation needed by the body to heal itself.

Signature: \_\_\_\_\_

Welcome,

Bena Phillipio  
ICRT Holy Fire Karuna Reiki Master/Teacher